

# KINDNESS

Starts here



FEB 13 - 18

## KINDNESS WEEK

### Kindness Starts Here...

- **Kindness Quest** – complete at least one item in each category and receive a free gift
- **Kindness Stations:** Rec Center, Peaks, 311 Counter, Library, Riverwoods
- **Soles4Souls shoe drive**

Follow along on social media for daily prompts and ideas!

Let's see how much kindness we can spread this week! Throughout the week, track your acts of kindness in the GooseChase app or using #provokindness2023 to be entered to win gift cards to local businesses!

### MONDAY

**FEB 13 | 7:00PM**

#### Kickoff Event

Centennial Middle  
School auditorium

The whole family is invited to this free opportunity to kick off Kindness Week! Enjoy a performance by

**BYU Noteoworthy!** Free

Crumbl cookie for all who attend

### THURSDAY

**FEB 16 | 7:00PM**

#### Community Conversation

Rec Center Multipurpose Room  
Receive a free gift for participating! Space is limited.

Reserve your spot:

[provokindness.org/  
kindness-week](https://provokindness.org/kindness-week)

### SATURDAY

**FEB 18 | 10AM-12PM**

#### Kindness Celebration

Rec Center Multipurpose Room

-Activities & booths

-Pick up your Kindness  
Quest Prize

-Donate gently used shoes to  
Soles4Souls drive

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